

Surbiton Croquet Club Beginners' Coaching, Lesson 2

Introduction to Association Croquet

Aim: to introduce Association Croquet through the game of 1-ball and to finish with players being able to play a supervised game of 1-Ball croquet.

Session 1 (10 mins): Hoop order, objectives of 1-ball Association Croquet, baulks and yard line, breaks and the principles of extra shots from hoop running, roquet, croquet and continuation; bisques as extra shots, 7 (14), 13 (26) point and time limited games

Explain all above using board

Session 2 (40 mins): Roquet, croquet sequence

Introduce & Demonstrate roquet from beyond hoop, croquet using take-off to in front of hoop, run the hoop and roquet the waiting ball.

Roquet

Explain aiming at point on target ball and normal hitting sequence.

Apply with pupils 6 yds apart with 3 balls; 1 ft roquet to partner - increase distance to max. 1yd.

Croquet

Explain and check pupil understanding of aligning contact line, the importance of contact, aiming into contact ball, ball must move, the weight of shot and gaining extra shots.

Apply after demonstrating with one pupil: pupils 6 yds apart with 2 balls to do accurate take-offs with the contact ball moving no more than 2 ft.

Roquet, croquet, hoop run sequence

Repeat with each pupil following roquet, take-off, hoop run routing.

Mid Session break (10 mins)

Session 3 (30 mins) Supervised alternate stroke 1-Ball games

Divide class into teams suitable for alternative shot game

Each team to have 6 bisques

Coach use bisques and take opportunities to explain thicker take-offs and splits

Play to time limit

Session 4 (30 mins) Supervised 1 -Ball games

Select pairs of similar ability

Each pupil to have 6 bisques

Coach use bisques and take opportunities to explain thicker take-offs and splits

Play to time limit.

Introduce next lesson: it will build upon this one by introducing the full range of croquet shots.