

Surbiton Croquet Club Beginners' Coaching, Lesson 1
Introduction to Golf Croquet

Aim: to introduce the games of croquet to complete beginners and to finish with players being able to play a game of golf croquet.

Session 1 (10 mins): Golf, 1-ball and Association Croquet

Explain using board, hoop, ball and mallet to introduce.

Session 2 (20 mins): Grips and Hitting

Grips: Introduce & Demonstrate standard, Solomon and Irish

Apply with pupils trying each; prefer standard.

Hitting: Demonstrate hitting from corner 1 to 3 by aiming, stalking stance, swing & strike

Explain aiming, stalking, stance, swing & strike.

Apply with pupils in pairs 6 yds apart hit to each other; correct to leave pupil with correct picture in mind.

Repeat by moving to 10 yds, 15 yds and then with object ball in middle.

Session 3 (20 mins) Hoop Running

Introduce by passing ball through hoop by hand to show tolerance, beginning & completing hoop run.

Demonstrate from 1 yd in front using follow through for top-spin.

Explain correct hitting, aiming for angled hoop, smooth swing, follow-through.

Apply in pairs either side of hoop from 18" increasing after 3 successes.

Repeat with with angled hoops.

Mid Session break (10 mins)

Session 4 (up to 1 hour) Golf Croquet Basic Rules & Tactics

Introduce 7 and 13 point game using board: ball sequence, hoop order, faults, premature hoop approaches, boundary balls, use of bisques.

Demonstrate basic tactics on the board: blocking, wiring, promoting, peeling, use of boundary, laying up short of half-way

Apply with supervised game without bisques

Repeat with 7 point games between students